

REPORT OF ST. MARGARET MARY DISPENSARY- NIMBONG 2013

Dispensary Profile: The health Care Centre was established in 1981. Sr. Lucy Pradhan is at present in charge of the centre. Nimbong is in block I in Kalimpong Sub division of Darjeeling district. It takes three hours to reach Nimbong from Kalimpong.

This year we treated more than 2000 patients in our OPD, and about 108 of them were as inpatients. As usual the common illnesses are viral fever, cold, cough, diarrhea, dysentery, worm infestation, conjunctivitis, measles, chickenpox, mumps, cut injuries, UTI, RTI, Hypertensive patients, snake bites. We were able to manage and give timely and proper care and medical assistance. Those who needed special care and attention were admitted in our health care centre to recuperate. This year we had cases who suffered from skin infection and skin diseases which doctors discovered is caused due to consumption of contaminated water.

This year we also conducted 5 **health camps** and **awareness camps** in the far and near villages. Through this we were able to refer many serious cases to the hospitals in Kalimpong and Siliguri. We also had diabetic and Tubercles screening camps in the different villages and we were able to diagnose DM and TB cases. We collected the sputum samples and sent for test in DOTS center in Kalimpong. Two patients were found negative and they are on medication. We did the random blood sugar test. Six patients were found suffering from DM. They were referred to Kalimpong and Siliguri for further investigation, now they are under medication.

We conduct regular monthly ANC and awareness classes for mothers. They are sent to Govt. hospital for the delivery where they could avail of better facilities at subsidized rate.

We too organized school health camps in different schools. We gave worm medicines and vitamin A to all the school children. A doctor was always assisted to the places where we conducted health camps and awareness programmes.

Special cases :

Mr. Simon Tamang 45yrs suffering from Pailaline was admitted in our dispensary with the complaints of high fever and swell in his entire body. He was transferred to Kalimpong SD hospital for better



Medical camp – Diabetic & T.B



Inpatient in Dispensary - Simon



treatment , there he was diagnosed CRF(chronic renal failure) He was transfer to Siliguri and did the further investigation and got better and now he is under medication. He is on regular check up and treatment.

Mr. LN Lepcha 75yrs from Barbot was admitted in our dispensary with full of wound and his economic condition was very poor. He was treated in our dispensary . We took him to Kalimpong hospital for check up and investigation. His was healed but he expired due to his ill health and old age. .

Mrs Sanchamaya 49yrs. is suffering with breast cancer Mastectomywas done in 2012 .she is given financial aid for her treatment. We took her this year for general check up to Siliguri.

Mrs Laticia Rai 35yrs was suffering from Dengue. She was admitted in our dispensary with the complaints of fever, headache, vomiting and weakness. We referred to Siliguri for further investigation there she was Diagnosed dengue. We helped her in her treatment. Now she is under medications.



Sr. Lucy caring baja L.N. Lepcha

Medicine and Treatment

- Patients treated in OPD : 2745
- Patients admitted and treated : 88
- Ante natal cases handled : 30
- Deliveries conducted : 05
- TB cases 03 treated
- Acute diarrhea cases treated : 30
- Tetanus injection given: 60
- Immunization is done in government health centre for under five and our paramedics help them



Giving Injection and IV Fluid

Associated Activities:

- ✓ Safe mother and child awareness
- ✓ Individual health care
- ✓ School health care
- ✓ Celebration : Women's Day in March; Environment Day in June with school children , parents, and other people
- ✓ Health camps in the far away villages
- ✓ Every month with Paramedics we conduct meeting and share their work and their problem in the field. They go round their respective village,



Maintenance of Dispensary

give health classes to the mothers take weight of the children.

Maintenance of the Dispensary:

- ✚ Changed windows and glasses
- ✚ Did the wall plaster
- ✚ Floor plaster
- ✚ Made one room for conducting delivery
- ✚ Painted whole dispensary.
- ✚ Bought bed sheets

Thank you for your generosity, we were able to help many sick to relieve their pain and anguish. On behalf of all those beneficiaries, I sincerely thank you and pray for God's abundant blessings on you and the entire team of Indesh Patenhaften.

Thank you,

Sr. Lucy Pradhan

Sister in charge -St Margaret Mary Dispensary Barbot , Nimbong